



Episode #19: You CAN have it all, just not all at once, with Dr Olivia James.

Introduction

Dr Olivia James is a specialist in equine veterinary dentistry, and one of the leaders in this field. She is months away from finishing her diplomate examinations, which will make her the highest qualified equine dentist in the Southern Hemisphere. Olivia has worked in veterinary practices in regional Australia both in mixed and equine hospitals since graduating from the University of Sydney with honours in 2003. In 2010, when her second son was just one year old, she started her own equine practice, sold in 2018 to concentrate on her studies and start her current business, Australian Veterinary Equine Dentistry. In this role she travels across Australia to treat both first opinion and referral dentistry cases. She is also about to launch a very exciting new online education resource for veterinary equine dentistry.

Our conversation with Olivia covers a lot of ground. She gives us advice on starting your own practice and making it profitable, the importance of focusing on personal development, how to build a group of peers that inspires you, and of course she gives us some practical tips on how to raise children while starting a new practice, studying and even specialising.

Please enjoy, Dr. Olivia James.

If you have a question that you'd like us to answer with the help of our guests you can leave us a voice message by going to our episode page on the anchor app ([https:// anchor.fm](https://anchor.fm)) and hitting the record button, via email at thevetvaultpodcast@gmail.com, or just catch up with us on instagram. (<https://www.instagram.com/thevetvault/>) We'd love to hear from you!

If you like what you heard, then please help us to spread the word by subscribing to the podcast (it's free!), and by sharing it with your friends.



Show notes:

Olivia's business <https://aved.com.au/about/>

Olivia's podcast choices:

EVJ podcast <https://evj.podbean.com>

Tony Robbins <https://www.tonyrobbins.com/podcasts/>

Rich Dad Poor Dad <https://www.richdad.com/radio>

Audiobooks for children that won't make you want to jump out of the car: [https:// www.audible.com.au/search?searchNarrator=David+Walliams](https://www.audible.com.au/search?searchNarrator=David+Walliams)

Hubert's favourite lullaby, by Tim Minchin... <https://www.youtube.com/watch?v=ESFANzZTdYM>