



EPISODE 15 - Dr Justine Lee

Introduction

Dr. Justine Lee, the one and only VETgirl, is best known for the hugely popular on-line veterinary education resources that she produces on the vet girl on the run website, podcast, and pretty much anywhere where you find your continuing education.

Currently, Dr. Lee is one of approximately 450 board certified veterinary specialists world wide in emergency and critical care, and is a Diplomate of the American College of Veterinary Emergency and Critical Care. She is also board-certified in toxicology and is a Diplomate of the American Board of Toxicology. She's been published in numerous veterinary journals and books, and has been aired on radio and television to promote preventative medicine, animal health, and the overall well-being of pets.

Justine is the author of two humorous pet reference books, entitled *It's a Dog's Life... but It's Your Carpet* and *It's a Cat's World... You Just Live In It*, and has also co-edited and co-authored Blackwell's *Five-Minute Veterinary Consult Clinical Companion: Small Animal Toxicology* (Wiley-Blackwell 2011). She is also one of the editors for the *Veterinary Clinics of North America Small Animal Emergency Medicine* textbook. (Elsevier 2013).

She has been a regular recipient of Speaker of the Year Awards for her talks on emergency, critical care, and toxicology, and she was the co-host veterinary analyst on Nat Geo Wild's *Animal ER LIVE*.

Dr. Lee still works as a criticalist at Animal Emergency & Referral Centre, a specialty referral hospital in the Twin Cities, Minnesota.

And because she wasn't quite busy enough, 3 years ago she also became a mom. So how in the world does she do all of this?!

Join us in our conversation with this whirlwind of efficiency and impact as she shares with us her ideas about career, parenting, money, time management and much, much more. Please enjoy, Dr. Justine Lee



Show notes

More about Justine:

<https://vetgirlontherun.com>

Vetgirl podcast <https://podcasts.apple.com/au/podcast/vetgirl-veterinary-continuing-education-podcasts/id890669474>

Brene Brown Empathy vs Sympathy <https://www.youtube.com/watch?v=HznVuCVQd10>

Favourite book: 'The Four Hour Work Week', Tim Ferris <https://fourhourworkweek.com>

Justine's favourite podcasts

The White Coat Investor <https://podcasts.apple.com/au/podcast/white-coat-investor-podcast/id1197082547>

Happier, with Gretchen Rubin <https://gretchenrubin.com/podcasts/>

Mighty Mommy podcast <https://podcasts.apple.com/us/podcast/mighty-mommys-quick-dirty-tips-for-practical-parenting/id215445813>

The one with the f-word: Oh Crap I Love My Toddler, But Holy F***! <https://podcasts.apple.com/us/podcast/oh-crap-i-love-my-toddler-but-holy-f-ck/id1456469712>

Sawbones <https://podcasts.apple.com/au/podcast/sawbones-a-marital-tour-of-misguided-medicine/id665149280>

Straight and Curly <http://straightandcurly.com/>

This American Life <https://podcasts.apple.com/au/podcast/this-american-life/id201671138>

This podcast will kill you <https://www.exactlyrightmedia.com/this-podcast-will-kill-you>

Time To Parent <https://www.juliemorgenstern.com/podcast>