



EPISODE Three: Brooke Schampers

Dr Brooke's instagram account - https://www.instagram.com/doctor_brooke/

See Wookie's story:

<https://www.instagram.com/stories/highlights/17885836108319143/>

Books:

Skills For Communicating In Veterinary Medicine by Adams and Kurtz: <https://www.amazon.com/Skills-Communicating-Veterinary-Medicine-Cindy/dp/1910303127>

High Performance Habits by Brendan Burchard -
<https://brendon.com/blog/highperformancehabits/>

Mindset by Carol Dweck -
<https://mindsetonline.com/thebook/buythebook/index.html>

The Obstacle Is The Way by Ryan Holiday -
<https://www.amazon.com.au/ObstacleWay-Ancient-Adversity-Advantage-ebook/dp/B00IX490S4>

Brook's books for relaxing: Katie Fforde books -
<https://www.katiefforde.com/books>